

**Report To:** Health & Social Care Committee      **Date:** 22 October 2020

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Partnership      **Report No:**  
SW/34/2020/SMcA

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**Subject:** INVERCLYDE WELLBEING SERVICE (TIER 2)

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## **1.0 PURPOSE**

- 1.1 The purpose of this report is to update the Health and Social Care Committee on the commencement of Inverclyde's Children and Young People's Wellbeing Service.

## **2.0 SUMMARY**

- 2.1 A number of policy drivers including the Scottish Government's 10year Mental Health Strategy places children and young people at the centre of the early intervention and prevention agenda. The independent Children and Young People's Mental Health Task Force and the supplementary work of Audit Scotland's report on children and young people's mental health outlined a range of recommendations to improve how mental health services are delivered to young people.
- 2.2 A range of consultations across Inverclyde during the development of the HSCP Strategic Needs Plan in particular Big Action 2 (Nurturing Inverclyde will give our children the best start in life) and Clyde Conversations identified mental health and wellbeing as a key priority for the people of Inverclyde.
- 2.3 In 2019 agreement was given to jointly commission a service that would help improve the wellbeing and mental health needs of children and young people across Inverclyde. Funding was provided by Scottish Government Grant and the Integration Joint Board Transformation Fund.
- 2.4 Action for Children were awarded the contract. They have been working through the implementation and mobilisation phase and the service commenced on 1 September 2020. Inverclyde's Children and Young People's Wellbeing Service will deliver a whole system approach to early support and intervention. The 52 week service will promote children and young people's wellbeing and increases resilience through a range of services including one-to-one counselling, group work, family support as well as preventative activities.
- 2.5 The approach taken by Inverclyde is viewed as innovative and the anticipated challenges for the Inverclyde community as it seeks to recover from the far reaching consequences of the Covid pandemic further confirms the need for this service. It is hoped that at some point in the future when current restrictions have relaxed a formal launch of the service can take place and young people will be involved in providing a name for the service.

- 2.6 A report on the progress of Inverclyde's Children and Young People's Wellbeing Service will be progressed through the relevant committee structures in line with the governance frameworks.

### **3.0 RECOMMENDATIONS**

- 3.1 Members of the Committee are asked to note the contents of this report and the progress of Inverclyde's Children and Young People's Wellbeing Service.

**Louise Long**  
**Corporate Director (Chief Officer)**  
**Inverclyde HSCP**

## 4.0 BACKGROUND

- 4.1 A child and young person's emotional wellbeing is influenced by their combined environmental, psychosocial, behavioural and protective factors that they experience; all of which may strongly influence their outcomes for later life.
- 4.2 The national approach of Getting It Right for Every Child (GIRFEC) is to ensure that every child gets the right, help at the right time to reach their potential in a relationship based way that mitigates the inequalities that they may experience. Strategic analysis of Inverclyde highlights that our adult and child population face some of the most challenging consequences arising for intergenerational inequality.
- 4.3 A number of policy drivers including the Scottish Government's 10year Mental Health Strategy places children and young people at the centre of the early intervention and prevention agenda. The independent Children and Young People's Mental Health Task Force and the supplementary work of Audit Scotland's report on children and young people's mental health outlined a range of recommendations to improve how mental health services are delivered to young people.
- 4.4 A range of consultations across Inverclyde during the development of the HSCP Strategic Needs Plan in particular Big Action 2 ( Nurturing Inverclyde will give our children the best start in life ) and Clyde Conversations identified mental health and wellbeing as a key priority for the people of Inverclyde. Inverclyde's Children and Young People's Wellbeing Service is joint service response to this delivering a whole system approach to early support and interventions that enhance wellbeing.
- 4.5 Following a joint commissioning and procurement process Action for Children was awarded the contract to work alongside the HSCP, Education Service, and key stakeholders by providing a range of Tier 2 interventions through a single point of access that is aligned to our local GIRFEC pathway.
- 4.6 The interventions provide additionality to what is already available in Inverclyde and will reduce the pressures on the Tier 3 Children and Adolescent Mental Health Service through a structured whole system response based on:
  - **Prevention** - Awareness raising, Digital Toolkit – Can't Talk, Write and Talktime Sessions (lunchtime drop ins, in school);
  - **Early Help** (Evidence Based Programmes) - Friends Resilience in Primary and The Blues Programme in Secondary;
  - **Targeted Counselling** - CBT principles, solutions focused, My Mind – Outcomes Star for Mental Health and Step down to groups;
  - **Risk Management** - De-escalation, Mind Of My Own App and Access to Functional Family Therapy.
- 4.7 Alongside this, there are significant community benefits that offer sustainability through staff capacity building in the form of training and mentoring. In addition to this, the service has provided local employment opportunities including the community benefit element of the contract providing employment for a care experienced young adult.
- 4.8 The impact of the Wellbeing Service will tracked through the GIRFEC pathway and the governance framework that will report to the Committee annually.

## 5.0 IMPLICATIONS

### Finance

- 5.1 The Scottish Government has confirmed funding of £948,000 over a 4 year period to support the Wellbeing Service. In addition to this the Integration Joint Board and Education Services have contributed a one off sum of £150,000 each to support the Service. As a result, £1,248,000 funding is available over the term of the Service delivery.

One off Costs

Cost Centre	Budget Heading	Budget Years	Proposed Spend this Report £000	Virement From	Other Comments
				N/a	
				N/a	

Annually Recurring Costs/ (Savings)

Cost Centre	Budget Heading	With Effect from	Annual Net Impact £000	Virement From (if Applicable)	Other Comments
N/a					

**Legal**

- 5.2 There are no legal issues within this report.

**Human Resources**

- 5.3 There are no human resources issues within this report.

5.4 **Equalities**

- (a) Has an Equality Impact Assessment been completed

	YES
X	NO EQIA was completed when service was initially developed. This paper is not introducing a new policy but updating service has now commenced.

- (b) Fairer Scotland Duty

Has there been active consideration as to how the recommendations reduce inequalities of outcome

X	YES The Duty requires local authorities to actively consider (pay due regard to) inequalities of outcomes caused by socio-economic disadvantage. The service is accessible to all Inverclyde school age children some of whom will generally live on a low income and are subject to material and area deprivation. The service will have a positive impact on their wellbeing
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(c) Data Protection

Has a data protection assessment been completed

X	YES Sensitive data will be processed and data protection assessment completed when service plan developed and data processing agreement in place

**5.5 Repopulation**

There are no repopulation issues.

**6.0 CONSULATION**

6.1 None.

**7.0 LIST OF BACKGROUND PAPERS**

7.1 None.